



Off the Shelf

Nonfiction in a nutshell

March is all about spring. Let's take that opportunity to think green. I've picked out just a few of the growing collection of eco-friendly advice titles this month. Can't remember the title? Everyone of them is...you guessed it—**green!**

Barnett, Sloan *Green Goes With Everything: Simple Steps to a Healthier Life and a Cleaner Planet* c. 2008 613.5 BAR

Each chapter begins with “the plain green truth” a few bullets to introduce the chapter, and ends with “five green hot tips”. Chapters focus on “clean”—scary, safe, food, body, water, air and energy. The title is well researched and includes an index, and many website resources. Who knew that being clean could be so dangerous?

Fassa, Lynda *Green Babies, Sage Moms: the Ultimate Guide to Raising Your Organic Baby* c. 2008 649.1 FAS

Who knew such a little tyke could make such a big carbon footprint? Many ideas are included to not only reduce the carbon but also have a safer and healthier baby. A “Green Goods” list of websites at the end highlight good green shopping for all those important baby needs.

Hoffman, Jane and Michael Hoffman *Green: Your Place in the New Energy Revolution* c. 2008 333.794 HOF

This title focuses almost exclusively on energy resources. New options for renewable energy is explored, as well as some discussion on our current energy situation. Not a good choice if you are looking for eco-friendly ideas, but it does provide a good overview of the energy problems we are facing, and the realities that will follow.

McKay, Kim and Jenny Bonnin *True Green: 100 Everyday Ways You Can Contribute to a Healthier Planet* c. 2006 333.72 MCK

These 100 tips are not extensively researched and several may just be a common sense approach to life, but for those who may want to just browse through some greener ideas, this may be the title for you. My personal favorite tip: don't buy books, visit the library!

Rogers, Elizabeth and Thomas M. Kostigen *The Green Book: the Everyday Guide to Saving the Planet One Simple Step at a Time* c.2007 333.72 ROG

I wasn't impressed with the celebrity essays at the start of each chapter, but it is full of thoughtful suggestions for reducing our carbon footprint. The resource contains an index of the tips and several reference websites.

Finally, there are a vast number of websites to foster our return to a greener world. National Geographic has provided

<http://www.thegreenguide.com>

a colorful and interesting one to browse.